

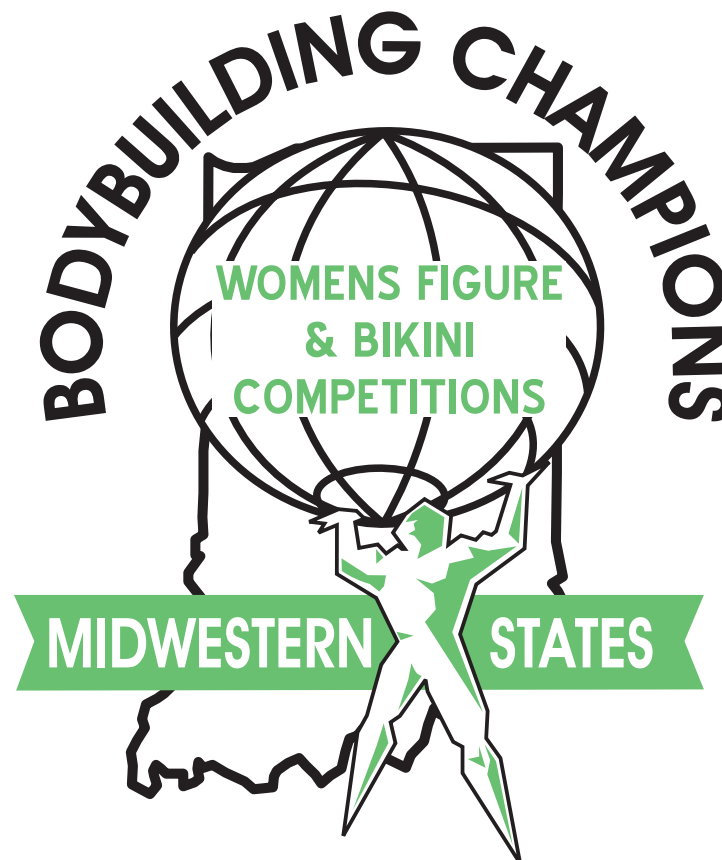


NPC NATIONAL  
 QUALIFIER  
 SANCTION # 10887



**BODYBUILDING CHAMPIONSHIPS  
 WOMENS FIGURE AND BIKINI COMPETITIONS**

c/o INDIANA BODYBUILDING  
 2924 EMERALD LAKE DR.  
 FORT WAYNE, IN 46804



Saturday July 10, 2010  
 PERFORMING ARTS THEATRE  
 (ARTS UNITED CENTER)

303 E. MAIN STREET FORT WAYNE, INDIANA 46802

REASONABLE PRICED SPONSOR & BOOTH SPACE AVAILABLE

Trophies:	Awarded to 1st through 5th place - Overall winners receive physizue statues.	Time	Registration :	8:30 a.m.
			Prejudging:	10:30 a.m.
			Finals:	6:30 p.m.
Place:	Performing Arts Theatre 303 E. Main Street Fort Wayne, Indiana 46802	Tickets	Prejudging:	
			General Admission	\$15.00
			Finals:	
			Reserved (First come first served)	\$20.00
			Prejudging & Finals Combo	
			VIP Section (Center Rows 1-10)	\$35.00

SEE TICKET ORDER FORM FOR SPECIAL ADVANCE SALE PRICES.

For ticket reservations and competitor information call or write:

Indiana Bodybuilding

2924 Emerald Lake Dr., Fort Wayne, IN 46804

**(260) 436-9326 (M-F) Call after 4:30 p.m. and weekends.**

Saturday July 10, 2010  
**NEW LOCATION!**

**PERFORMING ARTS THEATRE  
 (ARTS UNITED CENTER)  
 303 E. MAIN STREET  
 FORT WAYNE, INDIANA 46802**



**2010 SPIECE FITNESS MIDWESTERN BODYBUILDING,  
 FIGURE AND BIKINI COMPETITIONS**

National Qualifier Sanction # 10887  
**2010 SPIECE FITNESS MIDWESTERN BODYBUILDING,  
 FIGURE AND BIKINI CHAMPIONSHIPS**

**Who can compete?**

All contestants must be members in good standing of the National Physique Committee of the U.S.A. Contestants may register with N.P.C. the day of competition. Parental consent is required for those under the age of 18 years.

**Who are Novice Contestants?**

A Novice Contestant may not have won an overall title in a NPC contest.

**What are the fees?**

An entry fee of \$60.00 for one division (including Women's Figure & Bikini Competition) or \$100.00 for the maximum of two divisions must accompany the completed entry form. The entry form with fees must be post marked by July 3, 2010. A late entry fee of \$25.00 will be charged after July 3, 2010. The address is: Indiana Bodybuilding, 2924 Emerald Lake Dr., Fort Wayne IN 46804.

**What are the awards?**

Quality awards will be awarded to the top five places. All overall winners receive Special Awards.

**Who is allowed backstage?**

Each competitor will be allowed one person backstage to help them pump-up or prepare for competition, that person must buy a ticket for each session.

**Who provides the music?**

All contestants will provide their own music, prerecorded on a custom made CD for their individual posing or exercise routine. Contestants using foul or questionable music will be disqualified. Two identical CD are preferred and will be turned in at registration. The CD should be cued to start immediately. Only one selection per CD, limited to 90 seconds. CD's must be marked with contestants name on the side to be played. N.P.C. rules do not allow music during prejudging. CD's may be picked up from the sound technician after the competition.

**What is the time schedule?**

Check-in is at 8:30 a.m. Prejudging will take place at 10:30 a.m. Competition check-in time is 6:00 p.m. The show will start on time at 6:30 p.m.

**ABSOLUTELY NO DIES OR STAINS APPLIED THE DAY OF THE SHOW. THIS WILL BE STRICTLY ENFORCED.**

**What are the rules?**

N.P.C. rules will govern the contest. All contestants must have current N.P.C. cards or purchase one at weigh-in. All contestants competing in the prejudging must also compete in the evening contest. Unsportsmanlike conduct will not be tolerated, violators will be asked to leave without refund.

**Can I use body oil?**

Light oil is permitted in prejudging.

**What are the Womens Figure Competition rules?**

**TWO PIECE SWIMSUIT-PLEASE NOTE-THERE WILL NO LONGER BE A ONE PIECE SWIMSUIT ROUND!**

**The contestants will be brought out in one or two lines for the quarter turns. The Judges will be assessing the degree of firmness, symmetry, proportion and the overall physical appearance including complexion, poise and overall presentation.**

**\*Contestants must wear high heels in the swimwear round.**

**\*Jewelry may be worn ONLY in the figure competition. Body building competitors CANNOT wear jewelry.**

**\*Thong swimsuits will NOT be allowed.**

**\*Because of the danger of slipping on stage, NO body oil is allowed.**

**FIGURE & BIKINI ATHLETES MUST BRING THEIR TWO-PIECE SUITS FOR INSPECTION WHEN CHECKING IN!**

**BIKINI COMPETITORS-FOLLOW SAME SUIT & SHOE REQUIREMENTS AS FIGURE COMPETITORS! "OFF THE RACK" BIKINIS ARE PERMITTED IN ACCORDANCE TO NPC RULES. (NO THONGS!)**

**\*Competitors in the Bikini Division should be softer than the Figure Division.**

**\*The competitors will be brought out in a group and directed to do a Front Stance and then a Back stance.**

**What about overnight accommodations?**

Hilton Hotel, 1020 S. Calhoun St., Fort Wayne, IN 46802, 260-420-1100. Parking is across S. Calhoun St. from Hilton Hotel. Special Show Rate provided with early reservation.

Check the weight class you think you will compete in (limited to two divisions). Any entry fee of \$60.00 for one division (including Womens Figure Competition) or \$100.00 for two divisions must accompany form. One entry form per competitor is required. (Additional entries and ticket order forms available at www.npcindiana.org) **REASONABLE BOOTH SPACE AVAILABLE**

**TEEN:**

( ) ONE DIVISION (Under 20 yrs. As of July 10, 2010 with proof)

**OPEN WOMEN:**

( ) LIGHT WEIGHT under 118 lbs.  
 ( ) MIDDLE WEIGHT over 118 to 132 lbs.  
 ( ) HEAVY WEIGHT over 132 lbs.

**OPEN MEN:**

( ) BANTEM WEIGHT up to 143 ¼  
 ( ) LIGHT WEIGHT 143 ½ to 154 ¼  
 ( ) WELTER WEIGHT 154 ½ to 165 ¼  
 ( ) MIDDLE WEIGHT 165 ½ to 176 ¼  
 ( ) LT. HEAVY WEIGHT 176 ½ to 198 ¼  
 ( ) HEAVY WEIGHT 198 ½ to 225 ¼  
 ( ) SUPER HEAVY WEIGHT over 225 ¼

**OPEN TO ALL STATES**

**MEN MASTERS:**

( ) 40-49 years old (As of July 10, 2010 with poof)  
 ( ) 50-60 years old (As of July 10, 2010 with proof)  
 ( ) OVER 60 years old (As of July 10, 2010 with proof)

**NOVICE:**

( ) LIGHT WEIGHT up to & including 165 ¼ lbs.  
 ( ) MIDDLE WEIGHT over 165 ¼ to 187 ¼ lbs.  
 ( ) HEAVY WEIGHT over 187 ¼ lbs.

**WOMEN'S BIKINI COMPETITION:**

( ) SHORT CLASS  
 ( ) TALL CLASS

**WOMEN'S MASTERS BIKINI COMPETITION:**

( ) OVER 35 years old (As of July 10, 2010 with proof)

**WOMENS FIGURE COMPETITION:**

( ) SHORT AND TALL  
 ( ) MEDIUM  
 ( ) TALL (Split to be dertermined day of show)

( ) **WOMEN'S FIGURE MASTER:** (Over 35 yrs. Old as of July 10, 2010 with proof)

Name \_\_\_\_\_ Phone Number (\_\_\_\_\_) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Where do you train? \_\_\_\_\_ Age \_\_\_\_\_ Birth Date \_\_\_\_\_

The undersigned consents and agrees that the undersigned will comply with all rules and regulations of the Hilton Hotel including any rules or regulations prohibiting cooking or food preparation in the Hotel Rooms. The undersigned further agrees that the undersigned will indemnify and hold harmless the NPC and the promoter from and against any damages caused by the undersigned to the Hilton Hotel or damages to a guest room or rooms occupied or registered to the undersigned. Finally, the undersigned acknowledges that the undersigned's failure to comply with any rule or regulation of the Hilton Hotel or damage to any guest room occupied by or registered to the undersigned may result in disciplinary action against the undersigned including, but not limited to, suspension as a member of the NPC and/or competing in contests sanctioned by the NPC.

IN CONSIDERATION FO YOUR ACCEPTANCE OF THIS ENTRY, I INTENDING TO BE LEGALLY BOUND, DO HERBY FOR MYSELF, MY HEIRS, EXECUTORS AND ADMINISTRATORS, WAVE, RELEASE AND FOREVER DISCHARGE ANY AND ALL RIGHTS AGAINST THE PERFORMING ARTS CENTER OR THEIR REPRESENTATIVES, THE N.P.C. OR THEIR REPRESENTATIVES, THE MEET DIRECTORS, THE SPONSORS, THE PROMOTERS, OR ANY AND ALL OFFICIALS OF THE 2010 SPIECE FITNESS MIDWESTERN STATES BODYBUILDING FIGURE AND BIKINI CHAMPIONSHIPS.

I HAVE READ THE RULES ABOVE AND AGREE. SIGNED: \_\_\_\_\_

PARENT OR GUARDIAN SIGNATURE IF UNDER 18 YEARS OLD. SIGNED: \_\_\_\_\_

INCLUDE \$60.00 OR \$100.00 ENTRY FEE WITH THIS FORM AND MAIL NO LATER THAN JULY 3, 2010. LATE FEE OF \$25.00 CHARGED AFTER JULY 3, 2010. MAKE CHECKS PAYABLE TO: RICK WALTERS. FEES AND TICKET COSTS ARE NONREFUNDABLE.

**ENCLOSE A SELF ADDRESSED STAMPED ENVELOPE FOR TICKETS.**

Send To: INDIANA BODYBUILDING, 2924 EMERALD LAKE DR., FORT WAYNE, IN 46804.  
**(260) 436-9326 (CALL M-F AFTER 4:30 p.m. AND WEEKENDS)**

ADVANCE TICKET ORDER FORM

**PLEASE PRINT AND INCLUDE SELF ADDRESSED STAMPED ENVELOPE WITH ORDER**

Prejudging	10:30 a.m.	General Admission _____ Tickets @	\$15.00 \$ _____
Competition	6:30 p.m.	Reserved Seating _____ Tickets @	\$20.00 \$ _____
<b>VIP Ticket Special (Prejudging &amp; Competition Center Rows 1-10)</b>		_____ Tickets @	\$35.00 \$ _____

Signature \_\_\_\_\_

Name \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

SEND CHECK OR MONEY ORDER WITH COMPLETED FORM  
 Pay to: Rick Walters  
 INDIANA BODYBUILDING, 2924 EMERALD LAKE DR., FORT WAYNE, IN 46804.  
 (260) 436-9326 (CALL M-F AFTER 4:30 p.m. AND WEEKENDS)  
 Advertiser and booth space available.